

Do You Really Have a Desire to Learn?

Often in life we're just going through the motions, and you might feel you are just hanging on.... just existing so to speak. For some of us, we might feel like we're "stuck in a rut" in life. When we learn new things about ourselves, we can change for the better. To change takes courage to take a good look at yourself, and in some cases, face your pain or fear. It's difficult to admit to yourself that your thoughts and behaviors are not what they should be. This is a first step in learning and growing. This is a clear-cut choice: where you are choosing to grow and learn, seeking out a different outcome.... a different tomorrow. As you work on growing and changing, here are some challenging questions to think about.

Questions to ponder

- Are you really open to CHANGE?
- Do you feel stuck in a RUT IN LIFE?
- Are you too BUSY just getting by in LIFE?
- Are you really open to GROWTH, and a different tomorrow?
- Do you feel LAZY and find yourself PROCRASTINATING on making the needed changes?
- Are you READING & STUDYING the BIBLE on a daily basis?
- Are you in a men's small group and being CHALLENGED by OTHERS?
- Are you FLEXIBLE to LIFE & its OPPORTUNITIES?
- Are you trying to LISTEN to GOD and what He might want you to do?
- Are your friends drawing you CLOSER TO GOD, or away from God?
- Are you HUMBLLED and OPEN to what CAN BE?
- Are you FACING the GOOD PAIN head on, or CHASING the BAD PAIN?
- Are you BLOCKING out your world on a daily basis to have an ALONE TIME with God?
- Do you feel you are OPEN and HUMBLE to the CHARACTER of God?
- Are you EMULATING the CHARACTER of God in your life?
- Are you seeking out HEALTHY Godly PEOPLE to be around you in life?
- Are you around ENCOURAGING Godly PEOPLE, or often around negative people?
- Are you trying to be less CONTROLLING and striving to TRUST GOD in key areas of your life?
- Are you in a MEN'S GROUP or BIBLE STUDY that is not impressed by you?
- Are you GIVING BACK of your TIME to help others at your church or in the community?
- Are you IGNORING what you NEED TO DO to have a HEALTHIER better tomorrow?
- Do you feel BALANCED in your LIFE, or does your life feel OUT OF CONTROL?
- Do you HIDE in WORK so you don't have to FOCUS on your MARRIAGE, or other AREAS of LIFE?

1) Highlight or circle some key areas that you need some attention to begin to grow. Explain. _____

Do not merely listen to the word, and deceive yourself. Do what it says..... James 1:22 (NIV)

Talking Points

2) List the five top points that really stick out from the list above, and explain what is preventing you from taking some steps to address the issue or issues. _____

3) Explain what you can do to begin to have a brighter healthier tomorrow. Often if you make a simple written plan this will keep you from drifting in life. _____

I encourage today to take the valuable f step of writing an action plan, then make the first call to begin Christ-centered counseling, or join a Christ-centered men's group. Often you will immediately feel better by just having a written plan and goals to work towards, striving to learn and grow in your relationships with others. As you grow, you will begin to see you are more peaceful and often life is easier to handle, while having Christ at the center of your life.

...First clean the inside of the cup and dish then the outside also will be clean.

Matt. 23:25 (NIV)

Therefore, everyone who hears the words of mine and puts them into practice is like a wise man who built his house on the rock.

Matt. 7:24 (NIV)

Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love Him.

James 1:12 (NIV)